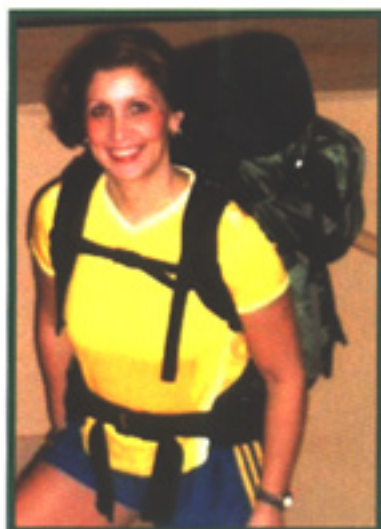


Indian Hill resident's Appalachian Trail journey to benefit HOC

With a good pair of hiking boots, a sturdy backpack and a desire to reconnect with nature, Denise Hill of Indian Hill will embark upon the journey of a lifetime as she traverses the famed Appalachian Trail in memory of her sister, Cheryl Rose Walden.

Walden, a longtime Cincinnati, was diagnosed with breast cancer at the young age of 34 and fought her battle until age 44. "Cheryl held hope in her heart and lived every day with purpose and the promise of a brighter tomorrow," Hill recalls.

"I am making the journey to honor Cheryl's memory and to benefit a charitable cause," she explains. "Cheryl's memory will be my hiking partner as I privately nurture,



Denise Hill prepares for her six-month Appalachian Trail charity hike by conditioning her body to carry a 50-pound backpack.

sing, dance and pray to celebrate the precious earthly time that we shared together as sisters."

Hill has titled her journey "Walking for Walden" and has been given the trailname of "Ladybug" by her family for good luck. The AT will take this 47-year-old mother of three through 14 states, 2,160 miles and more than 5 million steps. Each year, between 2,000 and 3,000 hikers set out to complete the trail with only 10 percent fulfilling their dreams.

Ladybug will begin her journey April 4, on her sister's birthday, with an expected completion date of Sept. 23. If you would like to support her effort and benefit Hospice of Cincinnati, please send your tax-deductible gift to:

*The Cheryl Rose Walden Foundation, Inc.
C/O The Fifth Third Bank
7101 Miami Road
Cincinnati, OH 45243*